

ASX RELEASE

10 January 2019

Harvest One shares trading in United States on OTCQX

MMJ Group Holdings Limited (ASX: MMJ) ("MMJ") is pleased to note the attached recent announcement by Harvest One Cannabis Inc. (TSX-V:HVT) (OTCQX: HRVOF) ("Harvest One") confirming that its shares are trading in the United States on the OTCQX® Best Market ("OTCQX") operated by OTC Markets Group under the symbol "HRVOF".

MMJ owns 55,557,994 shares in Harvest One for a 30.5% shareholding.

Investor and Media Enquiries

Jason Conroy
Chief Executive Officer

About MMJ

MMJ Group Holdings Limited (ABN 91 601 236 417) is a global cannabis investment company. MMJ owns a portfolio of minority investments and aims to invest across the full range of emerging cannabis-related sectors including healthcare, technology, infrastructure, logistics, processing, cultivation, equipment and retail. For MMJ's latest investor presentation and news, please visit: <https://www.mmjgh.com.au/investors/>

Important Notice

This announcement contains reference to certain intentions, expectations, future plans, strategy and prospects of MMJ. Those intentions, expectations, future plans, strategy and prospects may or may not be achieved. They are based on certain assumptions, which may not be met or on which views may differ and may be affected by known and unknown risks. The performance and operations of MMJ may be influenced by a number of factors, many of which are outside the control of MMJ. No representation or warranty, express or implied, is made by MMJ, or any of its directors, officers, employees, advisers or agents that any intentions, expectations or plans will be achieved either totally or partially or that any particular rate of return will be achieved. Given the risks and uncertainties that may cause MMJ's actual future results, performance or achievements to be materially different from those expected, planned or intended, recipients should not place undue reliance on these intentions, expectations, future plans, strategy and prospects. MMJ does not warrant or represent that the actual results, performance or achievements will be as expected, planned or intended. Nothing in this material should be construed as either an offer to sell or a solicitation of an offer to buy or sell securities. It does not include all available information and should not be used in isolation as a basis to invest in MMJ. This document does not constitute any part of any offer to sell, or the solicitation of an offer to buy, any securities in the United States or to, or for the account or benefit of any "US person" as defined in Regulation S under the US Securities Act of 1993 ("Securities Act"). MMJ's shares have not been, and will not be, registered under the Securities Act or the securities laws of any state or other jurisdiction of the United States, and may not be offered or sold in the United States or to any US person without being so registered or pursuant to an exemption from registration including an exemption for qualified institutional buyers.

Harvest One announces upgrade to OTCQX best market

TSXV – HVT

VANCOUVER, Jan. 7, 2019 /CNW/ - Harvest One Cannabis Inc. ("**Harvest One**" or the "**Company**") (TSX-V: **HVT**; OTCQX: **HRVOF**), a global cannabis company that develops and provides innovative lifestyle and wellness products to consumers and patients in regulated markets around the world, announced today its shares of common stock were approved for trading on the OTCQX® Best Market operated by OTC Market Group.

Harvest One Cannabis begins trading today on OTCQX under the symbol "**HRVOF**." US investors can find current financial disclosure and Real-Time Level 2 quotes for the company on www.otcmarkets.com.

The OTCQX® Best Market is for established, investor-focused US and international companies. To qualify for the OTCQX market, companies must meet high financial standards, follow best practice corporate governance, demonstrate compliance with US securities laws, be current in disclosure, and have a professional third-party sponsor introduction.

"Harvest One is pleased to move to the OTCQX as 2019 will be a transformational year where we execute our strategy across a portfolio of brands in medical, consumer and retail," said Grant Froese, CEO of Harvest One. "Upgrading to the OTCQX will provide better exposure and access to the US markets as well as improve liquidity for the investment community both in Canada and the United States."

Harvest One Cannabis was sponsored for OTCQX by J.P. Galda & Co, a qualified third-party firm responsible for providing guidance on OTCQX requirements and recommending membership.

About Harvest One Cannabis Inc. (TSXV: HVT)

Harvest One is a global cannabis company that develops and provides innovative lifestyle and wellness products to consumers and patients in regulated markets around the world. The Company's range of lifestyle solutions is designed to enhance quality of life. Shareholders have significant exposure to the entire cannabis value chain through three wholly-owned subsidiaries; [United Greeneries](#), a Licensed Producer; [Satipharm](#) (medical and nutraceutical); and [Dream Water Global](#) (consumer), and a minority interest in [Burb Cannabis](#) (retail operations). For more information, please visit www.harvestone.com.

About OTC Markets Group Inc.

OTC Markets Group Inc. (OTCQX: OTCM) operates the OTCQX® Best Market, the OTCQB® Venture Market and the Pink® Open Market for 10,000 U.S. and global securities. Through OTC Link® ATS and OTC Link ECN, we connect a diverse network of broker-dealers that provide liquidity and execution services. We enable investors to easily trade through the broker of their choice and empower companies to improve the quality of information available for investors.

To learn more about how we create better informed and more efficient markets, visit www.otcmarkets.com.

Certain statements contained in this press release constitute forward-looking information. These statements relate to future events or future performance. The use of any of the words "could", "intend", "expect", "believe", "will", "projected", "estimated" and similar expressions and statements relating to matters that are not historical facts are intended to identify forward-looking information and are based on the Company's current belief or assumptions as to the outcome and timing of such future events. Actual future results may differ materially. The forward-looking information contained in this press release is made as of the date hereof, and the Company is not obligated to update or revise any forward-looking information, whether as a result of new information, future events or otherwise, except as required by applicable securities laws. Because of the risks, uncertainties and assumptions contained herein, investors should not place undue reliance on forward-looking information. The foregoing statements expressly qualify any forward-looking information contained herein.

Neither TSX-V nor its Regulation Services Provider (as that term is defined in the policies of the TSX-V) accept

responsibility for the adequacy or accuracy of this release.

View original content to download multimedia:

<http://www.prnewswire.com/news-releases/harvest-one-announces-upgrade-to-otcqx-best-market-300773707.html>

SOURCE Harvest One Cannabis Inc.

View original content to download multimedia:

<http://www.newswire.ca/en/releases/archive/January2019/07/c4940.html>

%SEDAR: 00029199E

For further information: Investor relations: Colin Clancy, + 1 (877) 915-7934, cclancy@harvestone.com; Media inquiries: Ann Gallery, + 1 (604) 322-5897, agallery@harvestone.com

CO: Harvest One Cannabis Inc.

CNW 08:30e 07-JAN-19